



TerrasetPTO

CLASS DESCRIPTIONS

Tiger Clubs are designed to offer maximum value to your student(s).
Please review the class descriptions below. For up-to-date information visit:

<https://www.terrasetpto.org/tigerclubs>

8 WEEK Programs

FLAG FOOTBALL (K-3) (4th – 6th Grade) - Players will get a chance to be running backs, wide receivers, defensive ends, and corner backs. Learn to pass, catch, run routes and punt like the pros! We'll practice these skills while playing Button Hook, Down & Out, Pitch & Run and First & Ten. Scrimmages and Red Zone Challenges will test your skills, promote teamwork and encourage sportsmanship.

(Minimum: 8 Students Maximum: 30 Kids - \$100.00 per student)

TIGER STRIDERS RUNNING CLUB (3rd – 6th grade) - Participants train once a week to prepare for a 5K.. This is a non-competitive activity where we encourage the students to strive for their own personal best, good health, and exercise.

(Maximum: 20 kids - \$60.00 per student)

Tiger Cub Striders – (K-2nd) - This club will focus on our younger runners. Students will train on school grounds. This is a non-competitive activity where we encourage the students to strive for their own personal best, good health, and exercise.

(Minimum 5 Students Maximum 10 Students \$60.00 per student)

LEGO (1st – 6th grade) - The Lego Club encourages students to build models and machines, exercise their spatial abilities, planning and predictive skills, and develop creative abilities using Lego building bricks. Fun and challenging exercises include free-form creations, collaborative design, and construction activities.

(Maximum: 20 students - \$60.00 per student)

Tae Kwon Do (K – 6th grade) - This martial arts program is a fun, memorable class that uses positive feedback to make sure your child builds a strong foundation of self-discipline, self-esteem, and respect that can be transferred to his or her academics, sports, and social activities. **(Maximum: 40 students - \$85.00 per student)**

Sports Spectacular (1st – 3rd grade) - Participants will practice skills and play games in both traditional sports and playground favorites. The Sports Spectacular Variety Program features the best “to-do” list ever – Basketball, Soccer, Flag Football, Kickball, Capture the Flag, Wiffle Ball, Bump and Bite, Knights and Dragons, Numbers Game, Tag Games, Safe Base and MORE! OTA covers all the bases with our emphasis on playing, teamwork, sportsmanship, and fitness.

(Minimum 7 students Maximum: 30 students - \$100.00 per student)

CHESS CLUB (Weds 1st – 2nd) (Fridays 3rd – 6th) - Learn the wonderful game of chess! In this club you will learn from the chess master how to play this strategic game. Learn how to move the pieces and capture the king!

(1st/2nd Min 8 - Max 14 Students) (3rd – 6th Min 8 - Max 20 Students) \$80.00 per student



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6 WEEK Programs

Robotics & Visual Coding with Lego Wedo (K-3) - Powered by the LEGO® Education Wedo Base Set and Software, our Jr. Lego Robotics class combines the exciting world of Lego with programming to manipulate and program your own personal robots. This class is tailored to younger children who want to learn the basics of visual programming. Students create commands for their robots to follow by using an application with a drag-and-drop interface that is visually simple to use, but capable of complex instructions. Students learn the importance of teamwork by working together with a partner in order to accomplish the build assignment for the day.

(Minimum: 5 Maximum: 12 students - \$140.00 per student)

Robotics & Visual Coding with Lego EV3 (4-6) - Powered by the LEGO® MINDSTORMS® Education Ev3 Base Set and Software, our Lego Robotics class combines the exciting world of Lego with programming to manipulate and program your own personal robot. Learn how to use the simple, but powerful software to create commands with drag and-drop visual programming. Configure different sensors that track motion, light, & touch to create the ultimate robot! Students will work together as a small team of young engineers to build and program their designs. This class is great for children who are hands on and like working together in small teams.

(Minimum: 5 Maximum: 12 students - \$140.00 per student)

Kids Conditioning (4th – 6th Grade) – Who's ready for some cross training!! Led by a certified personal trainer, during this 6 week program kids will participate in a variety of cross training/conditioning exercises! A great way to kick off spring!!!

(Minimum 5 students Maximum: 10 students - \$50.00 per student)

Registration

Begins: Friday, February 22, 2019 at 8:00 a.m.

Ends: Monday, March 11, 2019 at 7:00 p.m.

Registration is online only at www.terrasetpto.org/tigerclubs If you can not register online or need to pay by check please contact tigerclubs@terrasetpto.org ASAP!

[Si usted no se puede registrar en línea envíe un correo electrónico a tigerclubs@terrasetpto.org o, si el email no es una opción llame a Diana Golac a Terraset \(703-390-5600\).](mailto:tigerclubs@terrasetpto.org)



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Day of Week	Class	Location
Monday	Flag Football (K-3)	Cafeteria/Outside Field
Monday	Robotics (K-3)	Room 121
Tuesday	Tiger Striders (3-6)	Cafeteria
Tuesday	Lego Club (1-6)	Room 121
Wednesday	Flag Football (4-6)	Cafeteria/Outside Field
Wednesday	Chess Club (1-2)	Library
Thursday	Tiger Cub Running (K-2)	Cafeteria/Roof
Thursday	Robotics (4-6)	Room 121
Friday	Sports Spectacular (K-3)	Cafeteria/Outside Field
Friday	TKD (K-6)	Room 121
Friday	Chess Club (3-6)	Library
Friday	Kids Conditioning (4-6)	Gym

8 Week Classes			
Class Meeting Day	Starting Date	Ending Date	No Class
Monday	3/18/19	5/13/19	4/15/19
Tuesday	3/19/19	5/21/19	4/9 & 4/16
Wednesday	3/20/19	5/22/19	4/17
Thursday	3/21/19	5/16/19	4/18
Friday	3/22/219	5/24/19	4/5 & 4/19

6 Week Classes			
Class Meeting Day	Starting Date	Ending Date	No Class
Monday	3/18/19	4/29/19	4/15/19
Thursday	3/21/19	5/2/19	4/18
Friday	4/12/19	5/24/19	4/19